



Angela L. Swain, PhD  
Business Psychologist,  
Change Management Strategist & Theology Coach

The Trifecta Business Coach

Helping high impact leaders & teams create a system to solve complex problems and achieve personal and professional alignment and synergy.



To Book Angela L Swain: (773)-322-2695 | [www.AngelaSwain.com](http://www.AngelaSwain.com) | e: [info@angelalswain.com](mailto:info@angelalswain.com)

**Transformational Leadership and Success Principles for the “new norm” with Dr. Angela L. Swain.** As a Change Management Strategist and Organizational Performance Coach, Dr. Angela L. Swain has a unique way of synthesizing theory and practice and making it doable. Managing change is the core part of who she is, managing extremes is what she helps individuals master or at the least better manage.

Dr. Angela L. Swain is a genius when it comes to Transformational Leadership and Success Principles for the “new norm.” The work she does supports organizational leaders and teams with the tools to adapt to change with ease and accelerate growth and performance on both a personal and organizational level, all within rapidly changing business environments. She is the poster lady for effective relationship management and employee acceleration. Dr. Swain holds a Master of Divinity, a Master of Arts in Social Service Administration, a Master of Business Administration and a PhD in Business Psychology. She is often called upon for her incredible ability to transform academia and make concepts approachable and usable for the “new norm.”

“Dr. Angela L. Swain is a gifted coach and speaker. Her interpersonal, intuitive and listening skills are exceptional. In both my professional and personal life, I encountered a creative liberation and sacred grounding through Angela’s guidance and liberation. Thank you Dr. Swain! “  
**KARL N., DEPAUL UNIVERSITY**

## DR. SWAIN’S KEYNOTES

\*ALL KEYNOTES ARE ALSO AVAILABLE AS SINGLE AND MULTI-DAY WORKSHOPS

### 5 SIMPLE TOOLS FOR TRANSFORMATIVE LEADERSHIP..... LEANING INTO EMOTIONAL INTELLIGENCE TO DRIVE YOUR RESULTS

Transformative leadership begins and ends with you. It’s an accumulation of self-awareness, adaptability, motivation and innovation. It then extends to intentional relationship management and the exploration of the determinants that impact your team’s productivity and psychology. Dr. Swain will take your team through a solid system and journey of personal transformation that will transform how they show up as a leader and how they support and connect with their team members as a leader. Through the use of emotional intelligence, team performance, productivity, and outcomes are accelerated.

#### Attendees will...

- Banish the emotional disconnect, understand what emotional intelligence truly is and the benefits to your organization, including hitting it’s numbers.
- Learn how to take a pulse of their current reality vs their realized outcome/goal, and gain clarity to better connect with and support their team.
- Learn how to identify and remove the blocks to effective communication and conflict resolution; it doesn’t have to be confrontational.

### STAMINA: SHIFTING YOUR PERFORMANCE FROM PLATEAU TO THRIVING

Let’s talk - “What do your organizational leaders require to Shift and Pivot their team’s performance from Plateau to Thriving?” Dr. Angela L. Swain takes the audience through an invigorating experience that will leave them with a new profound and practical definition of STAMINA, an understanding of why it’s essential to them and their team, and how to apply it in their organization to achieve and accelerate results.

#### Attendees will...

- Redefine STAMINA so they strengthen their ability to manage projects with greater agility and flexibility.
- Learn a new framework to enhance people’s performance, no matter their position in the organization.
- Learn how to better navigate change and support their people through change all while supporting/enhancing/empowering optimal performance.

#### OTHER TALKS

- Maintaining Peak Performance Under Pressure
- Fostering the Habits of Well-being in the Virtual and In-Person Workspace

If you’re ready to “Accelerate Your Organization’s Outcomes” book Dr. Swain for your next event or organizational workshop! [info@angelalswain.com](mailto:info@angelalswain.com) | 1-773-322-2695

# The benefits of hiring Dr. Angela L. Swain

Dr. Swain has the gift of drilling down complex subjects into simple ideas, so that they become more approachable and usable for the “new norm.”

She has coached and supported countless leaders, professionals and entrepreneurs globally.

Dr. Swain has been living with Multiple Sclerosis for almost 25 years and Rheumatoid Arthritis for 35 years, constantly managing extremes and has supported various leaders to do the same.



“Dr. Angela Swain is a dynamic performance coach with the ability to help clients understand their strengths and motivations. With a knack for helping clients via intentional exercises and thoughtful conversations, she has helped me better understand the factors that affect how I do my job and what I can do in the future to continue to feel fulfilled and successful”

**KATIE S., DEPAUL UNIVERSITY**

## CLIENT LIST

University of Chicago  
Depaul University  
The City of Chicago  
Loyola University Chicago



**NORTH PARK UNIVERSITY**  
CHICAGO



**GAMALIEL**



“Dr. Swain provides a space of non-judgement and total acceptance of who you are. Being able to bring my whole self to the conversations allows me to freely voice my values, goals, struggles, insecurities, and hopes. She is then able to help you navigate and integrate everything said with your professional life. Her ability to integrate and see the “big picture” challenges you to dig deeper to bring about your unknown potential. I will be forever grateful for her time and care”

**-K. O'BRIEN, ARCHDIOCESE OF CHICAGO**

### BOOK



### AWARD

**2022 Dr. Margaret Burroughs Award  
“Providing Healing Promoting Hope”**

### RADIO



### PODCAST



### NEWSPAPERS/ MAGAZINES



SAINT IGNATIUS Magazine  
**Citizen**



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